## GLEN HILLS' "GOOD NEIGHBOR" GUIDELINES - RULES & REGS

**REVISED 2023** 

The Board of Directors wishes to ensure the enjoyment and safety of our members and their guests and to comply with the requirements of the New York State Department of Health. The Pool Manager or any lifeguard may suspend the swimming privileges of any person found in violation of any of the following rules and regulations, and must report such actions to the Board of Directors. Anyone using the facility is expected to observe all rules; the rules may be amended at any time at the discretion of the pool staff.

# **CONDUCT / SAFETY**

- 1. All members and quests must enter and exit from the main entrance and sign in/out at the registration desk.
- 2. All members and are responsible for themselves, their children and their quests.
- 3. Alcohol, intoxicants or illegal drugs are prohibited from the pool grounds. Persons obviously under the influence of any intoxicant will be denied access to the club. Refusal to comply may result in legal action.
- 4. Running and horseplay are not permitted within the fenced area. Horseplay is not permitted in the pool.
- 5. Not permitted: profane, abusive language; improper, menacing behavior; aggression in any form.
- 6. Radios and tape players are permitted for personal use, with volume kept at a minimum out of respect for others.
- 7. Neither distance / extended underwater swimming nor monofins are permitted.
- 8. Pets, bikes, skate-boards or any wheeled footwear are not permitted within the fenced area.
- 9. All injuries incurred on pool grounds must be reported immediately to a staff member on duty, and an accident report filed, as required by law.

## **CHILDREN**

- 1. Children under the age of 16 must be accompanied by a parent or designated adult at all times while on club property. For information about baby-sitters, refer to the in the Sitter section of the registration form.
- 2. Non-swimmers <u>WITH AND WITHOUT FLOTATION DEVICES</u> must be accompanied by a swimmer when in the pool. *EXCEPTION:* during swim team practice and swim lessons, parents are required to remain on the upper deck or the lawn surrounding the lower deck. Parents may interact with swimmers, instructors or coaches after the session.
- 3. Children not toilet trained must wear SWIMMABLE DIAPERS when in the pools; diapers and training pants are not permitted in either the main or the wading pool.
- 4. The Wading Pool is open during certain hours. It is for children who are unable to swim; their parent or guardian must be present inside the wading pool enclosure. Swimmers are not permitted to use the wading pool at any time.
- 5. "Swim Team Only" and other program members may use the facility only during practice, meets or team events.

#### **USE OF POOL**

- 1. Conventional bathing suits only are allowed in the pool. No cutoffs or other items of clothing are permitted.
- 2. Eyeglasses, sunglasses, hats, swim fins, masks, snorkels, swim floats, swimming aids and toys of any sort are not allowed in the main pool unless specifically authorized by the pool staff. Certain toys are permitted in the wading pool.
- 3. Diving is restricted to the diving area only.
- 4. For 15 minutes of every hour, the main pool is reserved for adult swimmers. During this time, the wading pool is available for use only by non-swimmers and their parents, guardians or child-care providers.

# **FOOD**

- 1. WATER IN PLASTIC CONTAINERS may be left on the concrete deck surrounding the pools. All other food/beverages (non-alcoholic only) must be consumed on the upper deck or the lawn surrounding the lower deck.
- 2. All members, their children and guests will properly dispose of trash in the receptacles provided on pool grounds, as well as in the locker rooms.

#### **GUESTS**

- 1. Members are required to pay all guest fees upon entering the facility and inform their guests of all rules.
- 2. Guests living within 20 miles of the pool are limited to 5 visits per season.
- 3. The pool manager may restrict the number of guests if the pool becomes overcrowded at any time.
- 4. Adults and children covered under the Child Care Option are not permitted to bring guests.